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'ONE OF THOSE PEOPLE WHO STOOD OUT...'

Raymond Taavel's partner speaks to Metro about the sentence, the lawsuit, and keeping his legacy alive
metroNEWS



Girl power, Nova Scotia

HOCKEY

Jillian Saulnier, Blaire Turnbull, lacing up for Team Canada

 **Kristen Lipscombe**
Metro | Halifax

Every Nova Scotian knows the names Sidney Crosby and Nathan MacKinnon. But what about Jillian Saulnier and Blaire Turnbull?

Saulnier, 24, of Halifax and Turnbull, 23, of Stellarton, are suiting up for Canada at the world championship, which Hockey Nova Scotia said Wednesday should encourage more girls here to get into the game.

"To the girls, this is Sidney Crosby and Nathan MacKinnon," Hockey Nova Scotia executive director Darren Cossar said of the two local forwards on

Canada's National Women's Team.

"It's so different than the male side," Cossar said. "We don't get to touch Sidney and Nathan, but these girls, when they're home, they're on the ice with their minor hockey teams," inspiring young girls and promoting the women's game.

"They're so accessible," he said.

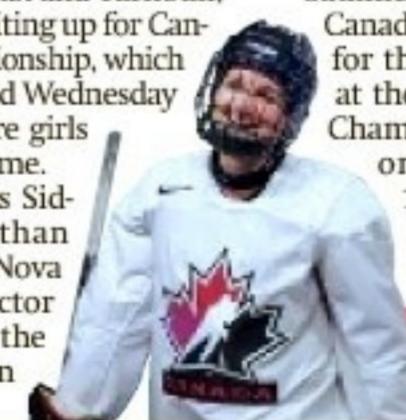
The success of Saulnier and Turnbull helps improve Nova Scotia's female hockey registration numbers, Cossar said, adding there are "slight increases" every season.

"By them being there, and showing them what ... girls can attain," he said, "it just makes parents look at hockey as an option ... for their daughters."

Saulnier, Turnbull and their fellow Canadians face off against Finland for their third preliminary game at the 2016 IIHF Women's World Championship in Kamloops, B.C., on Thursday. Puck drop is 11:30 p.m. on TSN.

Jillian Saulnier
CONTRIBUTED

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Group rallies to save the ‘wow’

URBAN ARCHITECTURE

Developer denies claim library's view will be blocked

Zane Woodford
Metro | Halifax

Since it opened, the Halifax Central Library has encouraged Haligonians to “Share the Wow.”

Now a group of concerned citizens is calling on the municipality to “Save the Wow.”

The group says a development proposed for the block across Spring Garden Road from the library would block the view of Citadel Hill from the library’s fifth floor “Living Room.”

“The Doyle block will grab and privatize the public’s view of the Citadel forever,” said Saint Mary’s professor Larry Haiven at a small protest outside the Halifax Central Library on Wednesday.

Haiven, along with seven other concerned citizens, was protesting ahead of a Wednesday night public meeting about Westwood Development’s Doyle Development — which is proposed to occupy the city block bordered by Spring Garden Road, Queen Street, Doyle Street and Brunswick Street.

“I can assure the public when our development is completed two years from now that there will continue to be a tremen-

dous view of both Citadel Hill and Halifax Harbour,” Danny Chedrawe, president of Westwood Developments, said Wednesday in an interview.

“It’s such an incredible public project that’s created so much synergy downtown and so much vibrancy,” he said. “The last thing we want to do is take away from that.”

The building’s plans as proposed not only “respect and meet” the design guidelines set out in the HRM By Design book, he said, but he’s actually stopped short of what’s allowed.

“In fact, we can go three more stories at that corner which we elected not to do so as to respect the view from the library,” Chedrawe said.

He also said the architectural drawing that’s been circulating — made by Dalhousie University professor Steve Parcell — is inaccurate.

Chedrawe said the building is shown 20 feet further west than it would be, “and therefore it shows that the view is being obscured, and that is not correct.”

“It’s ironic the person that’s teaching our children architecture does not know how to read plans,” he said.

“It’s clear that it will block the view, and we know that people go to places for the views that they have,” said Downtown Halifax Business Commission marketing director Brendan Sommerhalder at the event.

Sommerhalder said the group is proposing a new way of doing development: “a more collaborative, community cen-



People check out the view from the 5th floor of the Halifax Central Library on Wednesday. A local group is questioning how the development currently being built across the street will affect the views. JEFF HARPER/METRO



We’re debating stuff that’s not factual. We should be debating the facts. Danny Chedrawe

tric approach, where the developer really looks at the context of the neighbourhood and designs to that, rather than what the rules say.”

In Chedrawe’s eyes, he’s already doing just that.

“Even though it’s not man-

dated — there’s no policy saying we have to protect that view — we at Westwood agree it’s worth protecting that view,” he said.

“We do not want to take that view away from the library.”



Peggy Cameron explains how the view will change upon completion of the development. JEFF HARPER/METRO

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AMBER KIRWAN CASE

Murder conviction appeal dismissed

The Nova Scotia Court of Appeal has dismissed an appeal by Christopher Alexander Falconer.

Falconer was convicted of first-degree murder on Jan. 28, 2015 in Pictou Supreme Court by a 12-member jury. He received an automatic life sentence.

The appeal was filed by Falconer on the grounds that the trial judge erred in his instructions to the jury about the admissions parties tendered.

Falconer appealed claiming that the agreements of the admissibility of evidence should not have been included in the agreed statement of facts. The appeal claimed this caused the jury to be inappropriately informed about the voluntariness of the appellant's statements and that the judge's failure to intervene led to the jury being confused about the admissions.

In its written decision, the Court of Appeal said that no error took place and the appeal is dismissed.

The trial ran three weeks and included a large amount of forensic evidence as well as testimony from family and friends of both Amber Kirwan and Falconer.

The jury was told that Kir-



Christopher Falconer. TC MEDIA

wan went missing Oct. 9, 2011, from downtown New Glasgow after she left a group of friends standing outside Dooly's pool hall. Her remains were found off a wooded logging road in Heathbell, Pictou County, on Nov. 5, 2011.

Falconer's family spoke to TC Media following the trial to say they didn't think the trial should have been held in Pictou County because of Christopher's past conviction of second-degree murder in the death of a Pictou cab driver 15 years ago.

They also said they believe there wasn't enough evidence brought forth during the trial to convict him beyond a reasonable doubt.

TC MEDIA



Forensic investigators look for evidence on Mount Edward Road in Dartmouth on Tuesday after Joseph Cameron was shot dead in the morning. JEFF HARPER/METRO

'My heart is hurting'

CRIME

Family, friends remember man shot in Dartmouth



Yvette d'Entremont
Metro | Halifax

The young man shot and killed in Dartmouth Tuesday morning is being remembered on social media as friends and family rally to help his mother pay for his funeral.

Joseph Douglas Cameron, 20, was identified as the victim whose body was found lying on a sidewalk around Mount Edward Road and Spring Avenue at around 5:20 a.m. Tuesday.

Halifax Regional Police Const. Dianne Woodworth couldn't say exactly how many times he was shot, but did say witnesses heard multiple gunshots.

"We don't believe from the information gathered thus far that it's a random act," Woodworth said in an interview.

On Wednesday, a GoFundMe online fundraising page titled 'RIP Joseph Cameron' (gofundme.com/swwstqtg) was created to help his mother.

"Tragically last night my stepson was murdered I would like to help his mom Peggy Cameron with funeral expenses," states a write-up on the



Joseph Douglas Cameron.
FACEBOOK

+ HOMICIDES IN 2016

Four murders isolated incidents, police say

Joseph Cameron's March 29 murder is the fourth homicide in the Halifax area in 2016 and the second to occur in a four-day period.

Well-known yoga instructor Kristin Johnston, 32, was found dead in her Purcells Cove home on Saturday morning. Her death was also ruled a homicide.

"It's always a concern when there are homicides for sure. It's hard to

comment on things that happen. We deal with them when they come," said Halifax Regional Police Const. Dianne Woodworth when asked if police were concerned about the fact there had been two homicides in four days.

"These (four murders in 2016) aren't considered random acts. They are isolated. As a citizen I'm concerned, but I'm not concerned that I'm going to walk out there and something is going to happen to me."

her block.

"I had no idea, that someone else I knew would be impacted in so much more of a deeper way. My heart is hurting for you all."

+ NUMBERS

Homicide statistics for the Halifax region as provided by Halifax Regional Police:

2010: 12

2011: 17

2012: 12

2013: 6

2014: 6

2015: 9

2016 (Jan. 1-Mar. 30): 4

CRIME

Police search for three men in armed robbery

Police are investigating an armed robbery on a street in Dartmouth Tuesday night.

Halifax Regional Police responded at about 9:30 p.m. to a report of a robbery that had occurred at 9 p.m. in the Crystal Drive and Leaman Drive area.

The victim, a 25-year-old man from Dartmouth, was walking home from work

when he was approached by three men. Police said one of the men produced a knife and "held it in a threatening manner" as he and the other two men searched the victim.

The suspects took the victim's sneakers and fled on foot. Police were unable to find the suspects after searching the area. METRO HALIFAX

CRIME

RCMP looking for suspect who set trailer on fire

Nova Scotia police are on the lookout for a suspect who set a 53-foot commercial highway trailer on fire in the Coalburn area March 3 night or early March 4.

Pictou County RCMP, in a news release Wednesday, asked for the public's help in identifying the arsonist.

The suspect is a white, younger-looking man who wore blue jeans, black shoes and what appears to be a grey coat and black hoodie, police said.

METRO

One woman held after convenience store heists

Police in Cape Breton are looking for one of two women accused of pulling off multiple heists at convenience stores.

They say in one case, two women went into a Needs store in Dominion on Sunday and asked staff to change a \$100 bill. Police say the women grabbed the money as the employee tried to make the trade, and fled in a white truck.

Officers have since arrested one of the women.

THE CANADIAN PRESS

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Remembering Raymond Taavel

metro EXCLUSIVE

His killer now sentenced, but memories of activist live on

Haley Ryan
Metro | Halifax

Every April a small rainbow bouquet appears on Gottingen Street, left for a Halifax man whose passion and drive to help others will "echo for a long time."

Nearly four years after popular gay-rights activist Raymond Taavel was killed outside the Menz Bar on Gottingen Street on April 17, 2012, Andre Noel Denny has been sentenced to eight years for manslaughter.

In addition, the East Coast Forensic Hospital has made significant changes in how they handle patients' access to the community.

"It's a huge relief that the criminal trial ... has finally come to an end," Darren Lewis, Taavel's partner, said on Wednesday in Temple Bar, one of the three eateries he co-owns and operates on Barrington Street.

With about six years credit for time served, Denny, who has schizophrenia and was sentenced last week, has two years left plus three years of probation.

The Review Board will decide if he will serve it in jail or continue at the forensic hospital.

"I don't think had there been 100-years sentence I'd feel any better, or worse," Lewis said, adding he only hopes Denny gets the medical help he needs

but to always do it in a compassionate way."

Besides his assistant circulation manager position at the Shambala Sun magazine, Taavel wrote for and edited the Wayves publication, held various roles with Halifax Pride, pushed for gay marriage nationally, helped found the national Fierté Canada Pride, and was instrumental in convincing then-Mayor Peter Kelly to hoist the first pride flag.

"Raymond basically camped out at city hall on the front

steps," Lewis said with a laugh.

"His general presence everywhere is going to echo for a long time."

Taavel's family from Sault St. Marie, Ont. and Lewis donated a rainbow flag to city hall in 2014, which he said was touching not only for them but for Mayor Mike Savage and the current councillors to remember who "finally got that thing to fly over the city" and how times have changed.

Lewis said only now is he feel-

ing he can plan for the future, and have happy memories of Taavel come flooding back rather than tears.

"When I think of Raymond now it's ... more heartwarming than heart-wrenching," Lewis said. "But that hole in the heart never goes away."

Lewis tends a small flower bed on Gottingen Street across from the Menz Bar, and every April on the anniversary of Taavel's death he leaves a bouquet of rainbow-coloured flowers

there, now next to a plaque in his memory.

There are also plans to find a place where public art can stand in honour of Taavel.

Although Lewis said with a smile Taavel wasn't a saint, and had problems like anyone, he always seemed to surmount those things.

"(He was) one of those people who stood out," Lewis said. "He just took that lead, and I think that often that's what drove the others to carry on."



People line the streets for a public memorial for Raymond Taavel, shortly after his death. METRO FILE

to not be a danger to others or himself ever again.

At the time of Taavel's death and in the vigils and conversations held since then, Lewis said the outpouring of emotion and support for Taavel from the LG-BTQ community in Halifax and city at large has been amazing, but not unexpected when one looks at the drive the man had to fight injustice in all forms.

"I hope that they remember his passion," Lewis said. "His wanting to be a strong activist,

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MENTAL HEALTH

Lawsuit against forensic hospital resolved

Raymond Taavel's family have resolved their lawsuit against the East Coast Forensic Hospital in the wake of a direct apology and the promise that changes have been made.

Darren Lewis, Taavel's partner, said Wednesday the hospital issue was the final piece to be resolved since the province made an official apology in December.

The hospital also sent an apology in writing and a "comprehensive" document detailing what has been done with the 18 recommendations that came out of a review after Andre Denny failed to return back to the facility while on an unescorted leave, Lewis said.

"It wasn't about punitive damages," Lewis said.

"You people have got to admit that you screwed up,

that you had some serious issues here, and I want to see that you fixed them."

Although Lewis said he didn't feel comfortable about Denny returning to the hospital "for the longest time," he is taking a leap of faith that the right checks are in place for all patients.

Now, there are many more people involved in every aspect of reintegrating people back into the community, and someone in charge of that procedure — a situation which didn't exist in 2012, Lewis said.

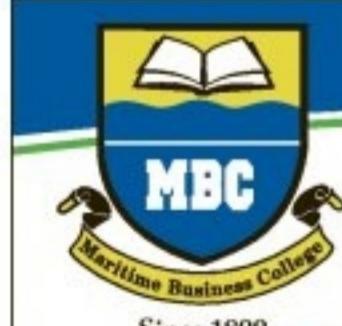
Those who go out now carry

phones so they can be reached quickly, Lewis said.

Although Lewis and Taavel's family were hoping to see tracking devices implemented so patients could be instantly located if they don't answer their phone, that has been ruled a breach of rights since patients presumably have been deemed not criminally responsible.

Since Denny is a dual-status offender with a criminal conviction, Lewis said his case may be different and they will wait to see what the hospital decides after his probation.

“You had some serious issues here, and I want to see that you fixed them. Darren Lewis, Taavel's partner, on his original concerns about East Coast Forensic Hospital



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Promotion strategy criticized

GREEN NETWORK

Advocacy group claims city is failing its program

**Brenlee Brothers
For Metro**

Halifax is moving forward with the second phase of its Green Network Plan, but a local advocacy group is raising concerns that the municipality should have done more to capture people's attention.

Ecology Action Centre HRM coordinator Tristan Cleveland said one of the responsibilities of government is to communicate with its citizens.

"If it weren't for us personally calling media and giving them a heads up that this is happening, people wouldn't know at all," Cleveland said Wednesday, prior to the municipality hosting the first of several public engagement sessions for this second phase. "It really undermines the potential success of a great initia-



A man walks his dog in Shubie Park under a blanket of fall leaves last October. JEFF HARPER/METRO

tive like this."

To make the plan successful, there needs to be enough funding for communications to get the word out and get people involved, Cleveland said.

"Without people being involved, it's hard to have successful planning and I know staff are working hard on it, but I just don't think we've seen enough for this."

But the city defended its planning process. In fact, the Green Network Plan is "one of the more robust engagement programs" they have done within HRM, said Holly Richardson of

Parks and Recreation.

"Our consultation and communication has been very extensive," she said.

The information sessions to be held in the coming month

will include core concepts to regional landscape planning, as well as draft principles, goals and objectives that will form the foundations for the plan, Richardson said.

Members of the public will be able to learn about the multiple values of open space, including everything from ecosystems, biodiversity, recreation and cultural values, she said.

"They'll be able to see how their input from the first phase has been used to come up with a map that shows where the higher value lands are."

The maps are subject to change, so HRM is asking people to express whether or not their values have been captured, Richardson said.

"We want to be able to get that input from people."

+ MORE INFO

Wednesday night's first information session took place in Fall River. Go to [Halifax.ca](#) for a list of the remaining upcoming information sessions.



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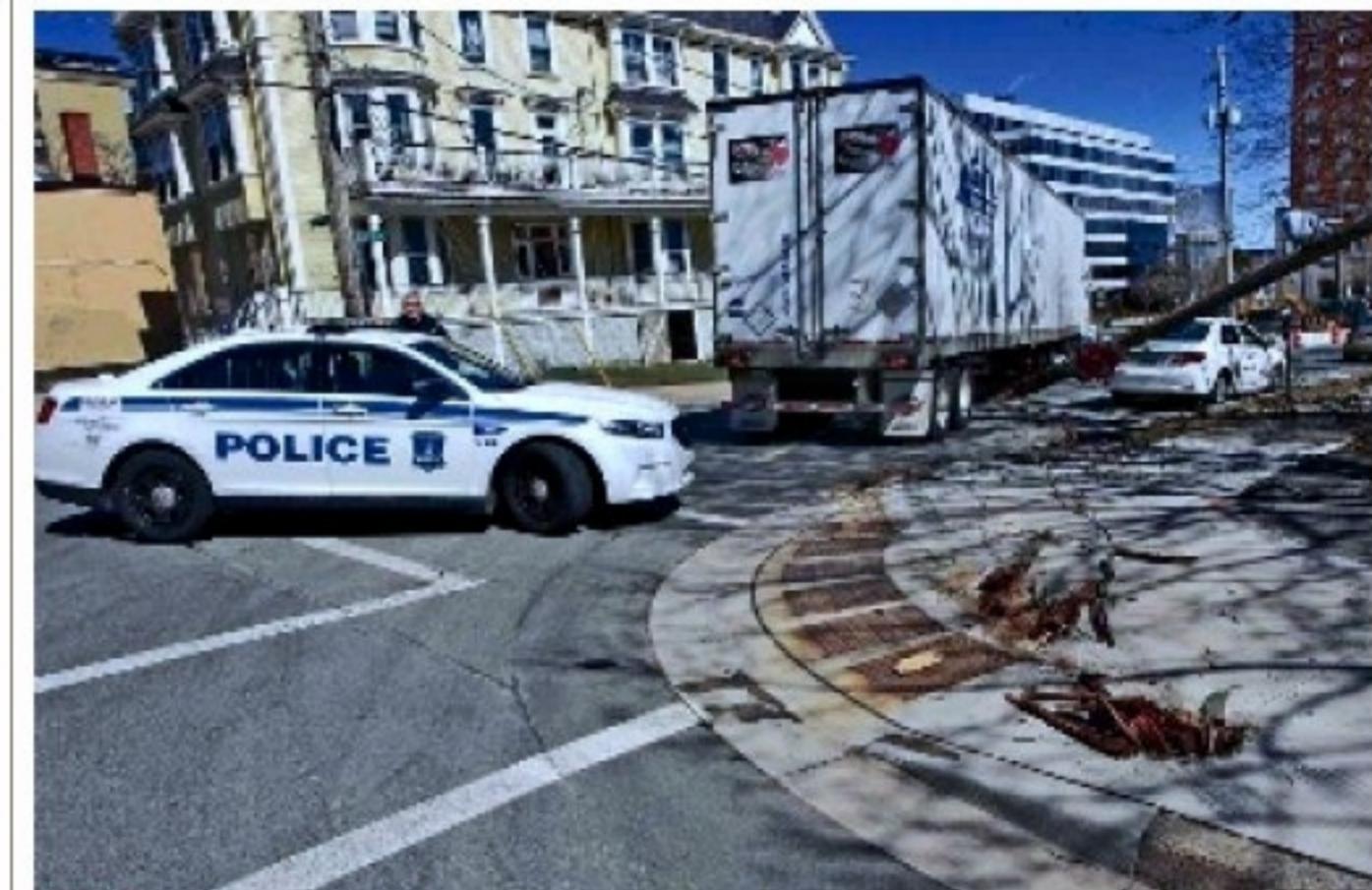


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ROADS TRUCK COLLIDES WITH TELEPHONE POLE Police close off the scene of a crash on Barrington and South streets on Wednesday. Shortly after noon, a transport truck sheered off a telephone pole closing traffic for part of the afternoon. JEFF HARPER/METRO

KENTVILLE

Impacts of fire not yet known

Kentville town council is taking a "wait and see" approach to assess the potential financial and other impacts of the fire at the waste disposal site near McGee Lake.

The fire in a large pile of waste burned almost all of last week at the construction and debris facility.

"Like everyone else, I have questions on the financial impact, and who is going to pay for what," Coun. Nola Folker-Hill said at this week's council meeting, citing the many rumours making the rounds concerning the fire.

Deputy Mayor Mark Pearl, Kentville's representative on

the board of Valley Waste, said there are several C&D waste disposal sites in the Valley Waste catchment area.

"Our arrangement is the same for all of them," he said. "The C&D sites are permitted to bring their residuals to us, but we don't take anything to them." TC MEDIA

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SUPER LAUNCH EVENT

'I needed to gain some closure'

HEALING

Priest who survived plane crash prays at site a year later

For Trevor and Jennifer Lightfoot, the stark memories of an Air Canada crash landing one year ago leaves both unanswered safety questions and lingering trauma — both physical and mental.

Trevor, a 49-year-old Anglican priest, and Jennifer, a 37-year-old emergency nurse, spent part of their day on the anniversary of the March 29, 2015, incident visiting a site overlooking the scene where the Airbus slid off runway 5 at the Halifax airport.

The Halifax-area priest says he spent some time in prayer, giving thanks for his survival and ability to continue parenting his three young children.

He viewed the visit as a step towards recovering from traumatic memories of a flight that slammed into the ground and skidded to a stop.

"I needed to gain some closure with it. I still have quite a bit of anxiety," he said. "It's one small part of the formula to go through to heal."

According to the Transportation Safety Board, the plane's engines severed power cords as it approached in gusty winds and snow just after midnight. The aircraft tore through landing antenna, hit the ground 70 metres



The aftermath of the crash of Air Canada AC624 during a snowstorm on March 29, 2015, at Stanfield International Airport. PHOTOS: ANDREW VAUGHAN/THE CANADIAN PRESS

before the runway threshold, bounced and slid before coming to rest a half-kilometre later.

Photos show the cabin floor of the Airbus punctured by "aircraft structure," and an engine lying on the runway nearby.

Lightfoot said he now experiences bouts of anxiety and heightened fear, along with the difficulties in concentration that a mild concussion can create.

He says the past year has been a trying time for his family, as Jennifer has been on long-term disability due to a brain injury incurred during the crash.

Writing letters, researching sermons, and giving full attention in the pastoral care of parishioners can be draining as you go through recovery. "I come out feeling much more exhausted," he said.

Flight 624 from Toronto had 133 passengers and five crew members on board, and the Transportation Safety Board says 25 people sustained physical injuries and were taken to local hospitals.

The safety board has noted the runway's approach system only provided pilots with horizontal guidance to align the aircraft for landing. Some systems also have a vertical guide.

Lightfoot said he would like to know more about why that runway didn't have the more advanced system. "For me it's one thing that I think comes out of it," he said.

The priest said the airport needs to address why passengers had to wait on the tarmac in winter weather for over 45 minutes.

"It was a poor response time ... and there could definitely be measures put in place," he said. "You're cold and you're freezing.... You're right in the thick of seeing everything going on with the plane and the smell of jet fuel is all around you."

The airport has noted in the past that a power outage was caused when the aircraft severed power transmission lines during its landing.

THE CANADIAN PRESS



Trevor Lightfoot and his wife, Jennifer, who survived the crash landing, are seen at home in Windsor Junction on Wednesday.

+ CONCERN VOICED

Legal action from plane's passengers in the works

Ray Wagner, the Halifax lawyer working on a class-action lawsuit, said the question remains as to what kind of a backup the airport had in place in the

event of a power loss.

He said about 56 people have expressed interest in his firm's class action to date. A law firm in Truro has also started legal actions on behalf of some passengers.

INVESTMENT

Funding for wine lab welcome news to industry

People working in Nova Scotia's wine business are hoping to grow the burgeoning industry.

Gillian Mainguy of the province's Winery Association says it has come a long way in the past couple of decades and is poised for even more success. Nova Scotia and Ottawa announced funding Tuesday for a new wine research lab in the heart of the valley at Acadia University in Wolfville. THE CANADIAN PRESS

Weeknights at 6 Hamish counts down the HOTTEST songs of the day.

SIX@6 LAST NIGHT:

6 Rihanna ft Drake Work

5 Fifth Harmony ft Ty Dolla Sign Work From Home

4 Hozey Lose Control

3 Meghan Trainor No

2 G-Eazy ft Bebe Rexha Me, Myself and I

1 Lukas Graham 7 Years

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PROVINCIAL ECONOMY

Film industry feels the pinch in work and pay, report says

A new report says people in the Nova Scotia film industry are working fewer days and making far less money since the provincial government eliminated a controversial tax credit.

The Atlantic council of the Directors Guild of Canada says employment statistics show a sharp reduction in salaries and total days worked by its Nova Scotia members last year.

It found that members made \$5.9 million in salaries

\$2.8M

Difference in overall salaries between 2014 and 2015

in 2014, compared to \$3.1 million last year.

Members also saw the number of days they worked drop to 6,500 last year from 12,000.

days the year before.

The group is linking the decline to the elimination of the Film and Television Labour Tax Credit last April, which it claims has made the province uncompetitive compared to other production centres in Canada and around the world.

The guild says an incentive fund that replaced the tax credit is too intricate and has not stemmed the loss of film work in the province.

THE CANADIAN PRESS

ROB FORD

'He's the mayor in heaven'

Rob Ford was many things — father, husband, brother and coach — but in the end, he will be remembered as simply "the mayor."

Speaking in front of a packed St. James Cathedral, Ford's daughter Stephanie, 10, recalled how her father was an "amazing dad" and the "best mayor."

"(He's) the mayor in heaven now," she said, her voice steady as she stood beside young brother Dougie, 8, and her visibly shaken mother, Renata.

Ford's political life was front and centre at the very public funeral on Wednesday, where more than 2,000 mourners filled the pews, spilling over into tents erected on the lawn and the street in front of the church.

"Rob, I'm going to miss you like crazy," brother Doug said.

Mourners decked out in Ford Nation T-shirts and caps packed the street as if it were a parade — the sound of bagpipes and chants of "Rob Ford" and "best mayor ever" announced the casket as it made its way through the streets of Toronto.

Ford was famous for his straight-talking demeanour and his slogan "stop the gravy train." There was little mention of his scandals.

TORSTAR NEWS SERVICE



Former Toronto mayor Rob Ford's widow Renata looks on as daughter Stephanie speaks at her father's funeral.

THE CANADIAN PRESS

IN BRIEF

TSB probing fatal crash

The Transportation Safety Board of Canada has begun its investigation into the plane crash that killed ex-cabinet minister Jean Lapierre and six other people.

Lapierre, his wife, three of his siblings and both crew members died Tuesday when the plane crashed. Once the team finishes documenting the wreckage it will transport the aircraft to the safety board's engineering office in Ottawa for analysis and testing. THE CANADIAN PRESS

Nine killed in fire in remote First Nations community

ONTARIO

Pikangikum is no stranger to tragedy

Nine members of a family, including three children under five, have died in a house fire in a remote northern Ontario First Nations community that has seen more than its share of human tragedy.

A resident of the Pikangikum First Nation, who did not want to be identified, said three generations of a family died in the blaze that destroyed their home

late Tuesday.

The resident identified the victims as Dean and Annette Strang, their son Gilbert, their daughter Faith, Faith's three young children and two common-law partners.

Ontario Provincial Police Const. Diana Cole said the fire broke out late Tuesday in the remote community near the Manitoba-Ontario boundary.

The cause of the fire is under investigation and police remain on the scene, Cole said.

Alvin Fiddler, grand chief of the Nishnawbe Aski Nation which represents First Nations in northern Ontario,

said he spoke Wednesday with Pikangikum Chief Dean Owen, who sounded exhausted.

"The shock of losing so many people in one tragic event is overwhelming," said Fiddler.

Fiddler described Pikangikum as "ground zero" when it comes to infrastructure requirements such as housing, access to clean drinking water and the capacity to fight fires.

Prime Minister Justin Trudeau offered his condolences to the community and said his government will work to improve conditions for First Nations people.

Those familiar with the remote fly-in community say the

fire is shocking, but not especially surprising.

Deplorable living conditions in Pikangikum have been the subject of public debate for decades. The community's struggles with poverty and suicide rates have been well-documented, but visitors say that awareness has done little to bring about real change.

The community has also been grappling with a long-standing water contamination issue. A federal government website indicates Pikangikum has been under a boil water advisory since January 2006.

THE CANADIAN PRESS



A smouldering house at the Pikangikum First Nations community on Wednesday.
HANDOUT/THE CANADIAN PRESS



POLITICS AND TODDLERS PRIME MINISTER'S PLAY DATE Prime Minister Justin Trudeau spends some time with Sarah Nguyen, 3, during a stop at the Mill Woods branch of Edmonton Public Library in Edmonton, Alta., on Wednesday. Trudeau is facing renewed criticism over employment insurance changes, but the prime minister says the issue boils down to "cold, hard mathematics." CODIE McLACHLAN/THE CANADIAN PRESS

GENEVA

UN shines spotlight on Canada's refugee resettlement

As world leaders converge on Geneva Wednesday seeking inspiration to resolve the Syrian refugee crisis, all eyes will be on Canada's feat of resettling 25,000 Syrians in just four months.

Immigration Minister John McCallum, the man at the helm of the country's most aggressive refugee resettlement project, will be a key presenter at the United Nations conference attended by representatives of 80 countries, 10 international organizations and 24 non-governmental agencies.

"It is an inspiration to us. If Canada can do it, there's no reason why we shouldn't."

While there have been bumps along the way, with private sponsorship groups complaining about delays, the project has been widely viewed as a success.

According to the United Nations High Commissioner for Refugees, the host of Wednesday's conference, the meeting aims to rally international support in resettling Syrian refugees to relieve the burden on Middle Eastern countries by exploring alternatives such as humanitarian transfers and medical evacuation, as well as private sponsorship, which is unique in Canada.

TORSTAR NEWS SERVICE



The resettlement program led by Immigration Minister John McCallum, right, has been called "inspirational." THE CANADIAN PRESS

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U.S. PRESIDENTIAL RACE

Clinton aims to end Sanders' campaign

Hillary Clinton's campaign aims to effectively end the Democratic primaries against Bernie Sanders by early May. But first she needs to navigate tricky contests in Wisconsin and her home state of New York.

Clinton enters April with a big delegate lead and insider support among Democrats crucial to the nomination. But Sanders is pointing to victories in five of the past six states holding contests — among them, three western states — and views Wisconsin as a home for the progressive causes he has long supported.

"We are on a roll. Our campaign has momentum," Sanders told a crowd of about 4,000 Tuesday night inside the Wisconsin State Fair Park Products Pavilion in Milwaukee.

A win by Sanders there next week would put pressure on Clinton to deliver in New York, which she represented in the

Senate. Returning to New York ahead of the state's April 19 primary, Clinton campaigned at Harlem's famed Apollo Theater and unveiled a new television ad taking on Republican Donald Trump's hardline immigration policies and violence at some of his rallies.

Wisconsin, with its mix of urban and rural voters, could offer parallels to its Midwestern neighbours. Sanders' triumph in Michigan earlier this month was one of the biggest moments of his campaign, but Clinton defeated him a week later in Illinois and Ohio, setting up a new fight.

Sanders, reprising a message he used effectively against Clinton in Michigan, said disastrous trade policies led to the 1996 loss of Milwaukee's Johnson Controls plant to Mexico and the closure of Janesville's General Motors plant in 2008. THE ASSOCIATED PRESS



Hillary Clinton attends a campaign rally in New York on Wednesday.

AFP/GETTY IMAGES

EGYPTAIR

Extradition request for hijack suspect

Egypt formally asked Cyprus on Wednesday to extradite a detained Egyptian man who authorities say admitted hijacking a domestic EgyptAir flight and diverting it to Cyprus by threatening to blow it up with a fake explosives belt.

The legal developments came as those on board described an unnerving situation in which the hijacker looked for foreigners by sorting through their passports and kept five on them on the plane after freeing the non-Western passengers.

"He wanted the foreigners ... only foreigners. He didn't want Egyptians or double nationalities," flight attendant Rouida Ihab said.

Italian passenger Andrea Banchetti said passengers were calm through the ordeal, but admitted "(I was) going out of my mind" when the hijacker let non-Western passengers off the plane, leaving behind only five European passport-holders.

CHARGES

Police prosecutor Andreas Lambrianou said the suspect faces preliminary charges including hijacking, illegal possession of explosives, kidnapping and threats to commit violence.

including himself.

"We looked each other in the eyes and we said, 'Here we are. We're at the end of the line. It's over,'" the 47-year-old mechanic said.

The extradition request from Egypt's General Prosecutor Nabil Sadek came shortly after a Cypriot court ordered Wednesday that the suspect, identified as 59-year-old Seif Edin Mustafa, remain in police custody for eight days to assist the hijacking investigation.

THE ASSOCIATED PRESS



CLIMATE CHANGE ANTARCTICA MELTING FASTER THAN EXPECTED

In this January 2015 photo, Gentoo penguins stand on rocks near the Chilean station Bernardo O'Higgins in Antarctica. Warmer air, less frigid water and gravity may combine to make parts of Antarctica's western ice sheet melt far faster than scientists had thought, raising sea levels much more than expected by the end of the century, according to a new study.

In a worst-case scenario, the fast melting could raise sea levels in 2100 by 46 to 86 centimetres — more than an international panel of climate scientists predicted just three years ago.

Even if countries control heat-trapping gases at the moderate levels they pledged in Paris last year, it would still mean seas eight to 31 centimetres higher than have been forecast.

THE ASSOCIATED PRESS FILE

Attacker's laptop had PM's home, work info

BRUSSELS

Security around Charles Michel heightened

A laptop used by one of the Brussels bombers contained images of the Belgian prime minister's home and office, an official said Wednesday, heightening fears after last week's attacks on the airport and subway system.

Security around Prime Minister Charles Michel has increased since the Nov. 13 attacks in Paris and in Brussels last week. Michel also has

had several unspecified death threats over the past years, the official said.

A laptop found near the hideout of the suspects of the March 22 airport bombing first gained notoriety because it contained a sort of will of suicide bomber Ibrahim El Bakraoui, in which he spoke of being "in a haste" and "no longer know(ing) what to do."

The computer was also "full of stuff" on many locations around Brussels in information garnered from the Internet, said an official linked to the investigation.

The official, who asked not to be identified because the

investigation is ongoing, said that at the moment there were "absolutely no" specific indications that Michel was under threat from the attackers.

In propaganda material distributed Tuesday, Daesh described the Brussels attacks as part of "a war against all their tyrants and pagans; a war against secularism." The material showed a cropped still of surveillance footage showing the two airport bombers. The attacker who escaped with his life, wearing a dark hat, was cropped out.

In all, 32 people died in the attacks on Brussels international airport and the Mael-



Belgian PM Charles Michel
THE ASSOCIATED PRESS

beek subway station and 87 remained in hospital. Three attackers were killed when their bombs exploded and police are looking for at least one more suspect. THE ASSOCIATED PRESS

MIGRANT CRISIS

UN chief urges nations to let in more refugees

UN Secretary-General Ban Ki-moon urged governments around the world Wednesday to let in more people from Syria, as the global body tries to find new homes for almost half a million people who have fled the war-torn country.

Ban's appeal came as Europe is striving to halt the unchecked flow of migrants across the Mediterranean, as the number of people passing through rises with the warm weather.

Figures released by the Greek government showed 766 people reached the islands



Migrants and refugees rest at the passengers' terminal at the Port of Piraeus, Greece, where more than 5,500 migrants and refugees found temporary shelter on Wednesday. AFP/GETTY IMAGES

Sharing economy needs new rules

REGULATION

Report says there is no single solution to problem

As the sharing economy grows in popularity, governments must look at bringing in new regulations, and at the same time, update rules for existing businesses, a new report says.

"The sharing economy is much broader than just Uber or Airbnb, though the discussion often gets narrowed down to those two companies," said Joeri van den Steenhoven, director of MaRS Solutions Lab, which produced the report, *Shifting Perspectives: Redesigning Regulation for the Sharing Economy*.

"It should be seen as an opportunity to create more effective regulation and better public value for its citizens," he said, noting governments should not just think of the sharing economy as something to respond to, but rather build a strategy that nurtures it.

The 100-page report results from research as well as in-depth interviews with 136 individuals ranging from taxi drivers, UberX drivers, hotel managers and Airbnb hosts.

While sharing economy companies are disrupting markets, the report emphasized the need to look at revising existing regulations, which may be reducing the administrative burden faced by existing operators.

That means looking at easing some of the rules and regulations that taxi drivers face, including a 17 days of training. By contrast, UberX drivers often only watch a company-produced video.

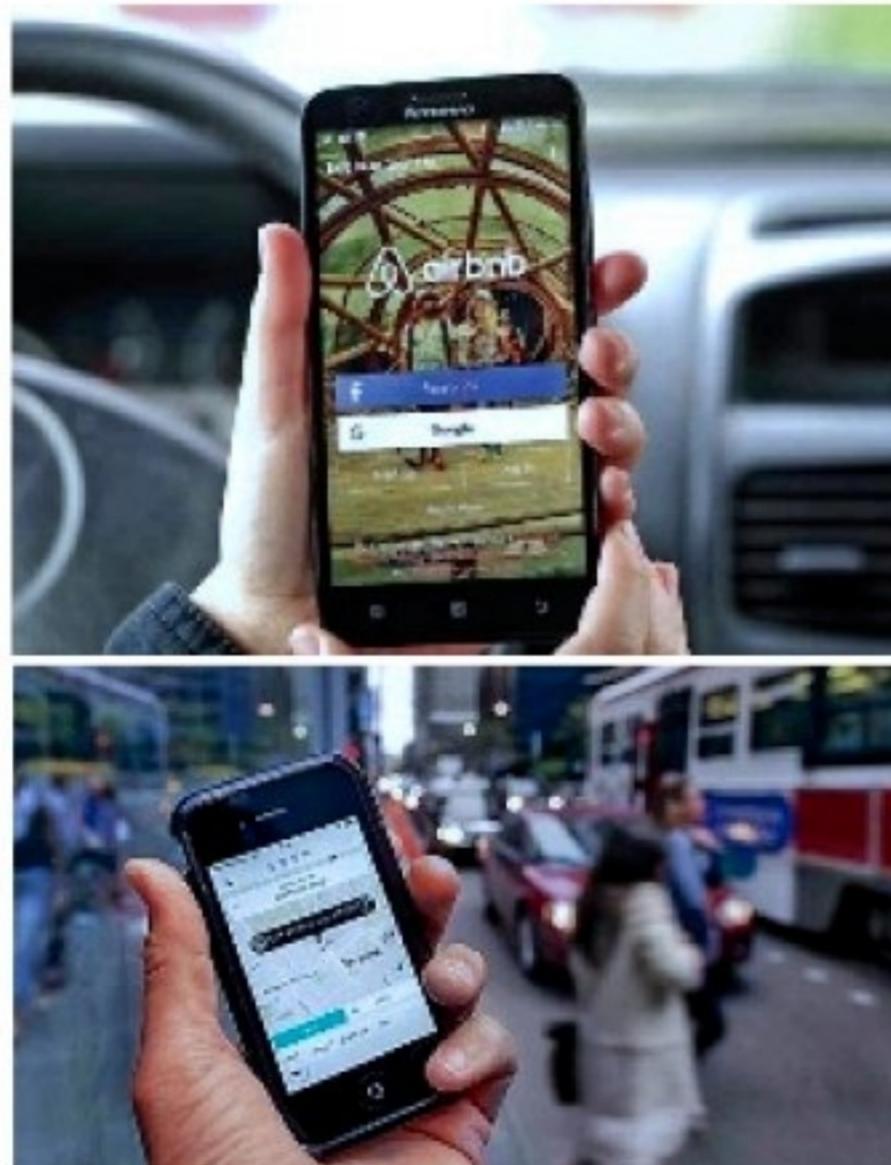
SLEEP

Desk hammock rescues nap time

If you've ever tried to take a nap with your head perched on your desk, then you probably know how awkward and uncomfortable waking up from a desk-top snooze can be.

One Toronto design student has turned this real life struggle into an idea, and invented a hammock that installs cleverly under your desk, to ensure you get some proper shut-eye.

Nineteen-year-old Aqil Raharjo, a second year student at OCAD, has created the Schnap Desk Hammock — "a nap in a snap" — that allows you to curl up under your desk or table for



While sharing economy companies are disrupting markets, a new report emphasizes the need to look at revising existing regulations. PHOTOS: ISTOCK & TORSTAR NEWS SERVICE

"It's not just about adding more rules, but revisiting the regulations, making them more effective, drive the public value that we want," van den Steenhoven said. But the report also cautions that there is no single solution to a complex problem, that cities should play a lead role, with the province ensuring a certain degree of harmonization.

"We encourage governments to keep on learning when they are putting in place new regulations, and where possible, to actively experiment," the

report says.

The report clearly outlines the need for regulations, but van den Steenhoven cautioned that too many rules can stifle innovation, so cities need to create an environment that can allow new businesses and ideas to thrive.

The report added regulation is always a reflection of what is happening in society. "It constantly has to catch up with a world that is always changing, and there is nothing wrong with that," it said.

TORSTAR NEWS SERVICE



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ROSEMARY WESTWOOD THE FORD FUNERAL

THE LAST WORD ON A LEGACY

Part funeral, part parade, part political rally — Rob Ford's sendoff brought the press, public and political class together in a show of deference and respect that felt no less peculiar for being entirely appropriate. Thus, in his final act, **the inimitable ex-mayor managed to unite a city he once divided.**

Death is strange even under the most ordinary of circumstances, but when the dead is Rob Ford, it is a spectacle stranger than most.

Since Ford succumbed to cancer last week, at only 46 years old, Toronto's most outlandish and controversial political figure has received the warmest treatment of his embattled life. That may be fitting, but it also feels exceedingly odd.

Toronto media — almost uniformly combative by the end of Ford's term — has become the picture of politeness.

City hall — home to some of Ford's most cutting critics — extended the very rare honour of hosting a two-day public visitation with Ford's body lying in repose in a Toronto-flag-draped casket (surprisingly regular in size, given his personality and stature).

Ford Nation and its fringes lined up by the hundreds for hours to pass by the dead former mayor, who won their deep adoration through a dogged ground game, off-colour politics and the redemption story that was his battle with substance abuse. And they came again in droves on Wednesday morning for the procession and funeral.

Waiting outside city hall, the crowd off-kilter renditions of Amazing Grace, When the Saints Go Marching In, and Bob Marley's One Love — a musical message out of keeping with Ford's tenure as mayor, but one that suits exactly this city's sendoff. I thought I heard them sing "One love, One Ford..." Though I can't be sure.

When Renata, Ford's widow, and children arrived, the crowd let out a cheer worthy

One day you're a national embarrassment, and the next day you're eulogized by a former premier as 'Canada's mayor'



Clockwise from left: A Ford supporter looks on at Wednesday's funeral procession; Ford's widow Renata flanked by her children, cries next to her husband's casket; Ford's hearse makes its way down through downtown Toronto. LANCE MACMILLAN/FOR METRO; NATHAN DENETTE/THE CANADIAN PRESS; BERNARD WEIL/TORONTO STAR

of a celebrity. "We love you, Renata!" they yelled. She, looking somewhat shocked, but grateful, blew the crowd a kiss with both hands.

An hour later, when Ford's casket exited city hall, Ford Nation again swelled with clapping and cheers. A security guard charged with keeping the taxpayers at bay wiped away a tear. When I later asked her if she had been crying, her eyes welled and she smiled, but wouldn't say.

"We love you, Doug!" someone yelled, and everyone ignored the city councillors who followed behind him. "They should have had the voters go before (the councillors), the way they treated him," one woman scoffed. And indeed, as the procession got moving, the public overpowered security guards and forced their way into line, waving Rob

Ford flags and shouting, "Best mayor ever!"

The security team could only shrug. "Well, at least you tried," one city official said. They should have known there's no holding back Ford Nation.

It was part funeral procession, part parade, part political rally that wound through the blocked-off downtown streets. The bagpipes were too far ahead to be heard by the Fords, plodding behind the hearse, and so the raucous cheers from hundreds of followers provided their soundtrack. At times, it had Doug Ford and his family grinning. Later, he fought back tears during his funeral speech, promising to "continue respecting taxpayers."

That was after Ford's daughter told church mourners that her father, "an amazing dad,"

was now "mayor of heaven" — underlining that even for a grieving daughter, there is no separating Rob Ford from Rob Ford. There wasn't in life, and there isn't in death.

Along the procession route, a group of onlookers appeared to be taken in more by the spectacle's power than by grief. "Have mercy on us all," one remarked before walking off, an invocation that was difficult to parse. Mercy for those feeling apocalyptic about what Ford Nation indicates about our politics? Or mercy for those who feel implicated by how Ford was maligned when he was alive?

Bringing up the rear was a young white man in a ball-cap and doo-rag, dragging a speaker on wheels blasting '90s rappers UGK's One Day: "So I'm a take care of my business on the smooth tip/Watch

my back sellin' crack and pack two clips/... It's a trip you're here today but the next day you're gone."

Indeed. One day you're a national embarrassment, and the next day you're eulogized by a former premier during mass at St. James Cathedral as

"Canada's mayor," with two archbishops on hand and a world-renowned organist.

One reporter later saw fit to mention that he saw not a single protester all day. But of course he didn't. Rob Ford has had the last word on his legacy. And it's one love.

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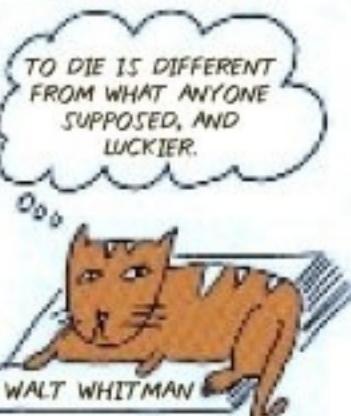
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Navigating the new world of sex

INTERVIEW

Journalist pens book based on talks with young women

Over the course of roughly three years, journalist Peggy Orenstein interviewed more than 70 young women, along with psychologists, academics and other experts, about the sexual landscape facing girls today.

Those frank discussions — on everything from hookup culture to sexting — formed the basis for her latest book, *Girls & Sex: Navigating the Complicated New Landscape*. It's an eye-opening look at how modern young women view intimacy, relationships and their own bodies.

Here, Orenstein talks about her findings from her home in Berkeley, Calif.

What was your big take-away from all that research?

I went into it as a journalist, author and a parent. The biggest thing that I took away was the neces-

sity of normalizing discussions of sexuality with your kids as a parent, and not putting it into a special box or category — not having "The Talk," but integrating the broad discussion of sexuality and intimacy and pleasure and all of that into everyday conversation.

Did anything surprise you?

One of the big things that surprised me is how it had become the accepted pathway to a relationship for kids — you start with a hookup, the last thing you do is date. I wasn't aware of that.

Modern girls have strong role models. But this one quote from a girl you spoke to jumped out at me: "I guess no one ever told me that the strong female image also applies to sex."

She had just said that her mother and grandmother were these incredibly powerful women, then said women are supposed to be deferential and agreeable when it comes to oral sex. If I had been inter-

viewing these women about their public lives, their time in school, their plans and dreams and ideas, I would've come away inspired. But we haven't extended that to their intimate lives, even while culture has become more sexually explicit. That's a recipe for a lack of satisfaction — and victimization — in girls.

What can parents do to help their daughters — and sons — understand the world of sex and intimacy?

Talk to our children about sexual autonomy, ethics, reciprocity. When we talk about anatomy, we never talk about the outside of a girl's body. We don't tell them about it as parents, we don't tell them about it school, then we expect them to go into sexual encounters. We set them up to think boys are the only ones who take pleasure in sex, that it's not about women.

Many progressive parents are good about talking about risk, danger and consent. They've talked about birth control and disease

protection, that no means no and yes means yes. But they haven't talked about joy, pleasure and entitlement. They haven't talked about masturbation. We don't tell girls what a clitoris is, and that it's there to make good feelings.

Girls ask all the time: "I've heard girls have orgasms, but how does that happen?" Boys sure know.

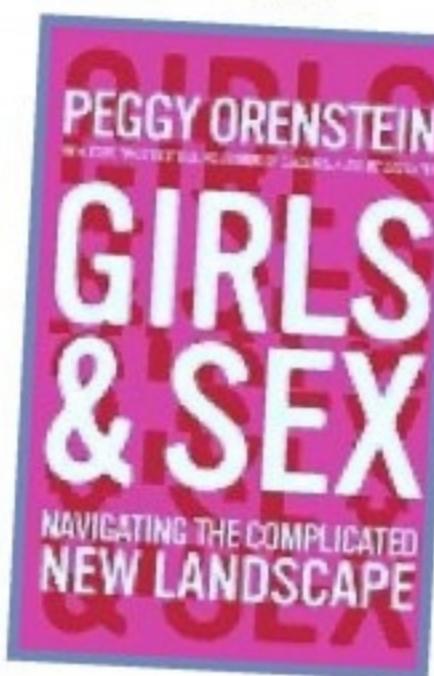
We tell boys puberty is defined by erections, but girls' puberty is about periods and unwanted pregnancy.

How do you think this should translate to sex ed in schools?

I know there's controversy about (Canadian) sexual education classes, but what they're doing is right. Explicit conversations about pleasure, masturbation, ethics, treating each other well — actually help young women make choices that they're happier with.

It results in less regret, less shame and less unwanted behaviour. In the U.S., we know that abstinence education is a disaster.

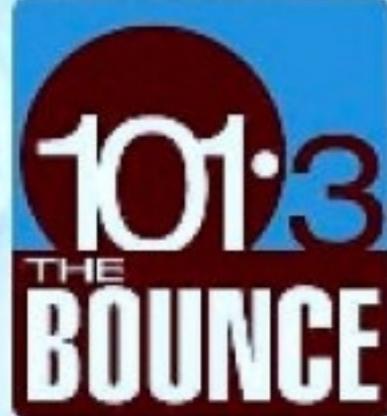
TORSTAR NEWS SERVICE



Peggy Orenstein interviewed more than 70 young women for her new book. CONTRIBUTED

If I had been interviewing young women about their public lives ... I would have come away inspired. But we haven't extended that to their intimate lives.

Peggy Orenstein



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WEEKDAY
MORNINGS

Parties aplenty in coming-of-age tale

MEMOIR

Rob Spillman reflects on his experiences in East Berlin

Sue Carter
For Metro Canada

Last week, a new museum opened in Germany, dedicated to those who lived under the shadow of the Berlin Wall. The first 1,000 visitors to the Wall Museum received a small souvenir chunk from the concrete structure, a kitschy token of the 155-kilometre-long barrier that physically divided the city from its construction in 1961 to its eventual fall in 1989.

The Berlin Wall is more than just a Cold War relic or tourist destination for Rob Spillman.

The co-founding editor of influential New York literary magazine Tin House spent much of his formative years in West Berlin. Restless and filled with romantic idealism, 25-year-old Spillman returned

to the city just months after the Wall came down, seeking adventure, writerly purpose and bohemian camaraderie. He shares his youthful experiences in his new memoir, *All Tomorrow's Parties*, a captivating coming-of-age story and snapshot of a city in flux.

Spillman, the German-born son of divorced American opera musicians, did not have a typical upbringing.

Instead of Little League or Boy Scout camp, he spent his youth immersed in theatre, hanging out at his father's rehearsals and performances. Young Spillman knew he wanted an artistic life — and even performed in operas as a kid — but struggled with his own identity and dark feelings of being an outsider amongst free spirits, only finding solace among his books.

"I knew I wanted to be creative," he says, "being surrounded by creative people all my life, but I didn't feel creative. Growing up surrounded by musicians and people who were living for their art definitely shaped the way I look at the world."

At the age of 25, Spillman

was back in the U.S. working as a freelance writer along with his new wife, fellow author Elissa Schappell, when news of the Berlin Wall's fall dominated international news. Questioning whether his idealized artistic life could include marriage and a steady job, he convinced Schappell to move to Germany, and that's when *All Tomorrow's Parties* becomes a Hunter S. Thompson-esque journey.

Fuelled on absinthe from a Portuguese dive bar, the two eventually settle in East Berlin, a city in still in limbo under some kind of Mad Max rule as riot police battle with both skinheads and anarchist settlers. Laundromats don't exist yet, soup kitchens double as bars, and the streets are filled with old furniture, abandoned for newly available Western goods.

Despite his journalist credentials, Spillman didn't write about this unique experience at the time.

"I had this delusional notion that if I didn't write about it, it would keep going, the magic would not go away," he says.

"Not the most logical

thought I had, but that was the feeling when I was there." Spillman calls writing *All Tomorrow's Parties* a "10-year odyssey" in which he tried to be as "honest and empathetic as possible."

He imagined his audience to be his teenage self, or someone struggling with the same internal battles.

"I was writing the book not necessarily for people I know, but for the lost people out there who are adrift now," says Spillman.

"When I was 16, 18, a book saved my life, reading other people's narratives, either fiction or non-fiction was pivotal for me. It showed there was a greater world out there, and I wasn't alone."

Sue Carter is the editor at Quill & Quire magazine.



Rob Spillman's new book is called *All Tomorrow's Parties*.
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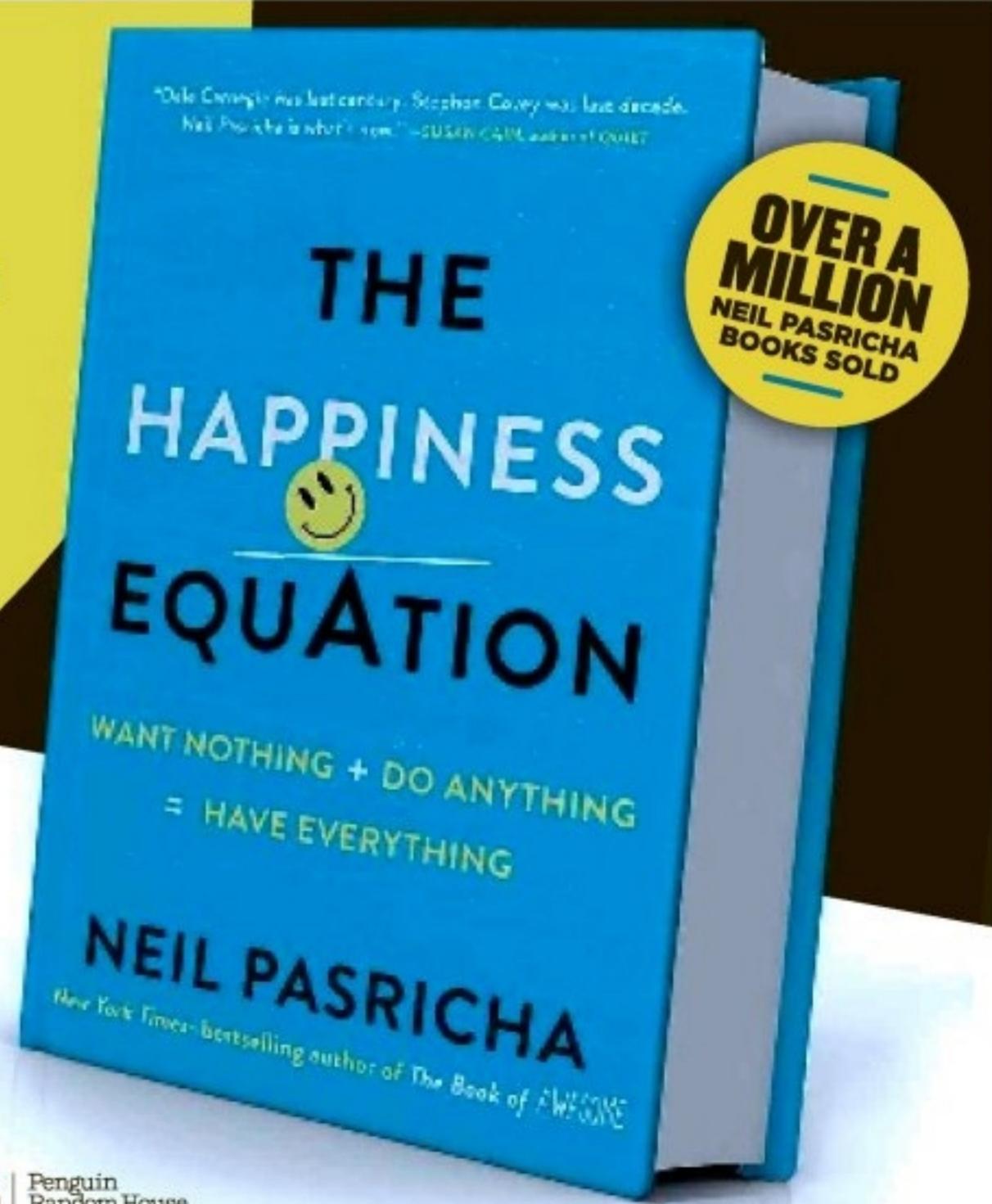
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#HappinessEquation

New doc examines debts and our pets



Families can spend up to \$20,000 or more for emergency vet bills. CONTRIBUTED

INVESTIGATION

CBC looks at high cost of keeping animals healthy

When it comes to treating an ailing pet, Toronto veterinarian Dr. Michael Ethier is the first to admit it can get expensive.

As director of emergency and critical care medicine at the Toronto Veterinary Emergency Hospital, he's seen families spend up to \$20,000 on their animals.

It may be a hard figure to swallow, but when you break down the costs — from a weeks-long stay in an intensive care unit to surgery and perhaps transfusions or MRIs — it makes sense, he adds.

With Canada's publicly funded health-care system, most people don't realize the exact costs involved in medical treatment, both for humans and animals.

Ethier is hoping the documentary *Pets, Vets & Debts*, making its world premiere on CBC-TV's *The Nature of Things* on Thursday, will help clear up such misconceptions.

"There's not a person in veterinary medicine, especially within specialty referral medicine, that will ever say to someone it's not expensive to treat severely ill or complex pets," says Ethier, who appears in the doc.

\$2.25 billion

The amount Canadians collectively spend annually on veterinary bills.

"What we're hoping is that people understand why it costs more and that sure, in the ideal world we would love that this was similar to human medicine, where there weren't costs passed on to the family members."

Liam O'Rinn wrote and directed the film, which looks at the business of veterinary care and the latest medical advancements for animals, from stem cell transplants to heart stents and 3D printed prosthetics.

According to the doc, Canadians collectively spend more than \$2.25 billion annually on vet bills. For Americans, that number is \$14 billion.

The doc also looks at the cost of pet insurance, which it says most Canadians don't have.

"Looking into insurance and getting educated on insurance I think is a huge benefit for most families," says Ethier.

"Unless you're in a position to be fiscally responsible and put money aside either before you get your first pet or accumulated over the years of the pet and hope that its illness happens later on where you've developed that nest egg."

Ethier notes that having an animal is like buying a house

or having children: It's a long-term commitment with guaranteed costs over its life span.

"You're not going to get around it," he says.

"It's a biological entity. There are going to be things that need to be addressed, whether it's preventatively or therapeutically to fix problems."

Pet owners should also understand that health-care costs for pets will differ according to the level of treatment.

For instance, prices are generally higher at a specialty hospital and when an animal needs an emergency surgery at odd hours.

When a pet owner is unable to pay for treatment, they can either have the animal euthanized or surrender it to a local shelter, provided the prognosis is good.

"That's the biggest frustration for us and for our staff is when we know we can fix an animal, it's just unfortunately that family doesn't have the resources to do it," says Ethier.

"But I've even had to say it to clients: 'My staff would not appreciate if I didn't pay them for their hard work.' ... Until everything is free, which is never going to happen, there are those costs, unfortunately."

THE CANADIAN PRESS



JOHANNA SCHNELLER WHAT I'M WATCHING

Nora Ephron was the voice for women

THE SHOW: *Everything is Copy - Nora Ephron Scripted and Unscripted* (HBO)

THE MOMENT: The Esquire cover

Filmmaker Jacob Bernstein — Nora Ephron and Carl Bernstein's son — interviews a glittering array (Meryl Streep, Mike Nichols, Barry Diller, Meg Ryan) about Ephron, who died in 2012. He also shows clips of Ephron herself.

In one, she relates how Harold Hayes, the legendary editor of Esquire magazine, offered her a column. "What do you want to write about?" he asked.

"Women," she replied.

Bernstein cuts to the cover of Esquire's 40th anniversary edition, October 1973, which featured its 39 best contributors: Ernest Hemingway, F. Scott Fitzgerald, Truman Capote, Vladimir Nabokov, Tennessee Williams, Leon Trotsky, etc. Only two are women: Dorothy Parker, and Ephron. I was 11 in 1973, but already I loved Ephron's writing. Everyone did. She was funny, clever, vicious, fearless.



Nora Ephron wrote an essay on women in Esquire's October 1973 40th anniversary edition. CONTRIBUTED

But looking at that cover, it's no wonder we worshipped Ephron, and still do: She was the only one. "Women" is a big topic, and she had it to herself.

The doc tells great stories (Ephron hung with the best storytellers) about why she was the way she was: How her parents' alcoholism stiffened her resolve. How her detachment enabled her to transform her flaws and heartbreaks into material. How

her charm and control-freakiness merged to make her a person no one could refuse.

Mainly, though, we witness how fiercely she worked to become and remain a voice for women. If there could be only one, we're lucky it was she.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

TREND

Bonding over The Walking Dead

Michelle Fiala says her 14-year-old daughter, Laura, is fine watching humans run for their lives from snarling, flesh-eating zombies on AMC's *The Walking Dead*, but if one of the characters on the show vomits, the teen has to look away.

"My youngest has a real thing about seeing people vomit," she said in a recent interview from St Louis, Mo. "She's got a real phobia about that. She's totally fine when they're stabbing zombies in the head or there's fake blood flying or the zombies are eating people, but when (a character) Denise leaned over and threw up ... she had to turn away. She couldn't handle that."

Fiala also watches the hit AMC show, airing its season six finale Sunday, with her 16-year-old daughter Emma.

The three discovered it on Netflix about a month ago and have binged to catch up to real time.

"It's so outside of what would be my usual genre for television," said Fiala. "I came home from work one day and my kids were sitting on the couch watching like, 'You have to come watch this!' I was sucked in pretty immediately. You get sucked in by the characters. We have our favourites. It surprises me still that I'm that into it."

Since TV's invention, families have gathered around to watch shows like *The Ed Sullivan Show*,



Ericka Calcagno, centre and her daughter Gina Binder and son Jean-Luc Binder all watch *The Walking Dead* together.

THE ASSOCIATED PRESS

The Carol Burnett Show, American Idol and now relatives are coming together to watch humans battle a zombie apocalypse on the hit AMC series.

Ericka Calcagno of Farmington Hills, Mich., looks forward to watching the show with her 12-year-old daughter, Gina, and son Jean-Luc, who is 9.

She says her husband first introduced her to the series and her kids were intrigued by their conversations about it.

"I was a little skeptical at first if it was too much but we watched the first season during the day. Since then we always watch together and discuss it constantly."

They're spirited in their devo-

tion and have even mastered makeup tricks to look like zombies (or "walkers" as they're called on the show).

"The Walking Dead is like the new Family Ties, OK? It's tying families together," said actress and playwright Danai Gurira, who plays Michonne on the show. "The thing that's touched me the most is when I've met mothers of adolescent sons who say, 'This is how me and my son bond. It's because we both watch the show.' And you know those adolescent years are tricky years for parents and I was just so touched by that. I thought it was so beautiful that this show is functioning in that way."

THE ASSOCIATED PRESS



Lofts and apartments

1488 BIRMINGHAM



CONTRIBUTED

Project overview

Lofts, one and two bedroom apartments at 1488 Birmingham Street at Spring Garden Road are centrally located downtown. There are only four residence units per floor, a 24/7 property management team, secured bicycle storage, a full service bank, retail, and a yoga studio.

Housing amenities

The units feature open concepts with floor to ceiling energy-efficient windows, laminate flooring, designer kitchen cabinetry with center island, six appliances, five-foot shower base, and a loft penthouse with large terrace.

Location and transit

At the corner of Spring Garden Road and Birmingham Street, everything is walkable or you can catch a bus right outside the door. It's walking distance to three universities, Halifax Common, hospitals, food markets, restaurants, cinema, and the Public Gardens.

In the neighbourhood

Spring Garden Road is one of the most desirable and vibrant locations in all of peninsular Halifax. It has long been considered a prime destination for shopping and boutiques, and it's also home to the new Central Library.

NEED TO KNOW

What: 1488 Birmingham

Developer: Westwood Construction Limited

Builder: Danny Chedrawe and Mounir Haddad

Location: 1488 Birmingham Street, Halifax

Pricing: One bedroom starts at \$1,095/month, two bedrooms start at \$1,595/month

Suites: One bedroom, one bathroom; one bedroom, 1.5 bathrooms; two bedrooms, two bathrooms and two-level lofts.

Status: Completed

Rental office: 5881 Spring Garden Road Unit 100

Phone and website: Contact Heather Hickey, resident manager: 902-830-4300 or hhickey@westwoodgroup.ca

DESIGN WEBSITES

Harnessing the bounty of the Internet

There's Houzz. Remodelista. Home design Twitter feeds. Tumblr accounts. And of course, the granddaddy of all online decor depositories — Pinterest.

It's easy to get overwhelmed by online resources when remodeling or redecorating. Where should you start?

Home design experts and contractors offer the following tips on how to harness the bounty of the Internet for your next project:

Get organized

First, figure out the scope of your project and your goals. Redoing your kitchen, for example, is a lot different and more involved than finding a few natural accents for

your living room mantle.

Are you going to do the work yourself? How-to blogs and sites like All Things Thrifty, DIY Network and This Old House are your new BFFs. Looking more for ideas to pass on to a contractor or designer? Head over to Houzz or Pinterest.

Don't overlook retailers though. Paint company websites are an underutilized home-design resource, says New York designer Karen Gray Plaisted.

Find your style

Figure out what you love. Are you a boho-chic kind of girl or do you gravitate more toward the clean, traditional lines of

craftsman-style homes?

"To use home-design websites to find your own style, I'd advise you to pin or bookmark photos of every single room you love," says Amy Bell, owner of Red Chair Home Interiors in Cary, N.C. "The more rooms you save, the larger your 'data sample' will be. Once you have collected many images, take a step back and look for common themes that the images share."

Create a project page or board

"Collection" sites like Houzz and Pinterest allow users to create an unlimited number of boards or "ideabooks." Go big and create one board for your

entire project, or go smaller with more specific boards like Paint Colours, Accessories, Furniture, etc.

Design it yourself

If you're looking for the ultimate in control, Ikea, Lowe's and smaller sites like Roomstyler let you design your own rooms from scratch with a virtual planner. Type in your room's dimensions, then drag and drop furnishings, windows and other elements where you want. See what your living room would look like with wooden floors. Then tile. Maybe concrete.

Don't like it? Simply press delete. THE ASSOCIATED PRESS



This breakfast nook was designed with the help of the web.

DECOR AID

Protecting your most valuable asset

THE RIGHT COVERAGE

Everything you need to know about choosing home insurance

Camilla Cornell

If you plan on becoming a homeowner, you'll need insurance for protection. It's traumatic enough to have a tree branch crash through your window or a fire ravage your house, without having to worry



Before you dive into a mortgage, make sure you understand the relevant lingo. ISTOCK

Mortgage terms to remember

When it comes to mortgages, borrowers don't always have a good working knowledge of the relevant lingo, according to a January study by D+H Consumer Mortgage. Read on for some key terms you should know.

Portable

Only 43 per cent of new mortgage holders surveyed by D+H knew this term. If your mortgage is portable, you can transfer it from a property you've sold to a newly purchased property. Why does that matter?

"Let's say you take a five-year mortgage out on your condo and after three years you get married and you want to sell the condo and buy a house," said David Fleming, a realtor with Bosley Real Estate Ltd. "If you're not allowed to port that mortgage, you're going to have to pay a penalty. And that penalty can be substantial."

High ratio

Almost half (49 per cent) knew this term. If you have less than a 20 per cent down-payment, you'll have to buy mortgage insurance through the Canada Mortgage and Housing Corp. (CMHC), Genworth or Canada Guaranty.

The insurance comes in the form of an up-front fee of 1.75 to 3.85 per cent of your home's purchase price, depending on your financial circumstances. But this insurance isn't meant to protect you. Instead it protects the lender against the possibility you'll default on your loan, said RE/MAX West real estate agent and one-time lawyer Brian Madigan.

If you can beg, borrow or steal (OK, maybe

about how you'll pay for the repairs. And, whether your insurer will come through in a pinch. "Even small disasters can be challenging for people," said Pete Karageorgos, a director of consumer and industry relations for the Insurance Bureau of Canada. That's why it's important to choose your homeowner's insurance policy carefully and read the fine print. Here's what to look out for.

Get the broadest coverage possible

Just as General Motors makes Chevrolets, Cadillacs and Buicks — all with different features and benefits — most insurers offer a number of different options for homeowners, said Karageorgos.

Think of the "all-risk" policy (also called comprehensive) as the Cadillac of the options with the

most bells and whistles. It protects you against anything that is not specifically excluded in the policy.

In contrast, the "named perils" (standard or basic) policy is generally cheaper, but covers you only for the specific events or perils listed in the policy.

The "broad form" policy is a middle-of-the-road version that generally combines all-risk coverage on the building, with 'named perils' coverage on the contents.

All three policies will protect you in the case of fire, personal liability, or theft, for example, but you're better off with an all-risk policy, because you can't always predict the type of damage that is going to occur to your home. "If there's a power surge and your television gets fried, a basic policy might not cover that because it may not be specific-

ally one of the named perils," explained Karageorgos, "whereas, a comprehensive policy would."

Read the fine print

Even all-risk policies come with a list of exceptions on coverage, as well as caps on payments for specific categories (such as electronics or jewelry). You'd be wise to sit down with an insurance professional and compare several policies in terms of the coverage and caps, as well as the deductibles. "Some insurance policies have different limits for sewer backup coverage," he said. "If you have a finished basement you might want the higher limits and more coverage than someone whose basement is unfinished."

What's more, even comprehensive policies have a list of exclusions — things that are not covered under the policy. Commonly those include intentional or illegal acts (like burning down your own house), damage caused by raccoons, termites and other vermin, and wear and tear.

"Typically you see the words 'sudden and accidental' in a policy," said Karageorgos. "So, if a tree branch falls down and breaks through your window you're covered. But if the window breaks because the caulking hasn't been applied and water seeps inside over time, it's a maintenance issue."

Protect expensive items separately

Insurance companies generally divide your belongings into categories and limit payments for each. There might be a \$2,000 limit on jewelry, up to \$10,000 for silverware, \$300 for money and gold bullion, and \$2,000 for software. If you have expensive items — whether art work, musical instruments or even bicycles — you might want to check on the coverage limit. You may well be able to pay extra for a 'rider' that will bump up coverage for those items, said Karageorgos.

It pays to shop around

Home insurance is not a government-regulated product, so you'll find tremendous variation, both in the prices you'll pay for it, and in the extent of coverage you get. Comparison sites such as lowestrates.ca and insurancehotline.com do some of the legwork for you. But make sure you're comparing apples with apples in terms of the coverage you get.

Document your stuff

Document what's in your drawers and keep receipts and manuals for big-ticket items like TVs and electronics, Karageorgos recommends. Otherwise you're apt to forget what you had when it comes time to make a claim. "No matter what policy you have, we always recommend keeping track of what's in your house," he said.



Disasters large and small are challenging to deal with, so make sure you're properly insured. ISTOCK

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not steal) enough cash, to put 20 per cent down on a "conventional mortgage" you should do it, he advised.

Rate hold

Only 55 per cent knew this potentially helpful term. With a rate hold, the lender guarantees a specified interest rate for a set period of time — usually two to four months. Even if interest rates go up, you'll get that lower rate. Even better, you're not locked in; if interest rates drop, you can negotiate a lower rate.

Amortization

Fully 81 per cent recognized this term referring to the schedule for repaying a mortgage over a fixed

period of time. The longest amortization period allowed is 25 years.

Closed-term mortgage

Familiar to 84 per cent of respondents, most mortgages are closed, meaning you make payments on a set schedule (although you may be allowed to make extra payments or lump sum payments at set intervals without penalty). In contrast, you can pay an open mortgage off as quickly as you wish, with no penalty. So that's better, right? For most people it's not, said David Larock of TMG The Mortgage Group. The reason: you'll pay a price for the flexibility of an open mortgage — often an extra 1.5 per cent in interest. **CAMILLA CORNELL**



DetroTM SPORTS

Toronto's Kaitlyn Weaver and Andrew Poje, from Waterloo, Ont., are fourth after the short dance at the world championships in Boston

Nova Scotians sharing 'incredible' experience

WORLD CHAMPIONSHIP

Saulnier, Turnbull team up again in Kamloops

Kristen Lipscombe
Metro | Halifax

When they're not repping the red and white, Jillian Saulnier and Blayre Turnbull wear their blue noses proudly.

Saulnier, 24, of Halifax, and Turnbull, 23, of Stellarton, are the first two Nova Scotians to lace up for Canada's women's team at the world championship.

Saulnier makes her return this season after snagging silver at the women's worlds in Malmö, Sweden last April, while Turnbull is a Team Canada rookie at the tournament in Kamloops, B.C., which concludes Monday with medal games.

"It's really exciting," the five-foot-seven, 155-pound forward Turnbull said at about 2 a.m. Atlantic Time early Wednesday morning, shortly after helping the Canucks defeat Russia 8-1 at the Sandman Centre, marking Canada's first win at this year's world championship.

Canada dropped its home-



Halifax's Jillian Saulnier had a pair of assists in Canada's 8-1 win over Russia on Tuesday night in Kamloops, B.C. RYAN REMIORZ/THE CANADIAN PRESS

ice opener 3-1 to its rival from the United States on Monday.

"I think playing at home in Canada makes it even more special," added Turnbull, who notched her first worlds point against Russia, an assist on forward Emily Clark's goal, the eighth and final of the game.

Turnbull, who previously played at Shattuck St. Mary's in Fairibault, Minn., and with the NCAA Division I Wiscon-

sin Badgers, said it's been especially rewarding reuniting with her fellow Nova Scotian to wear the Maple Leaf.

"Thinking back to when we were little kids, we both had the same dream, and that was to play on the national team together," Turnbull said. "So to see our dreams become a reality, it's incredible."

This year's world championship isn't the only experience

they're sharing. Saulnier and Turnbull were also teammates on the Calgary Inferno, which won the 2016 Clarkson Cup, the trophy awarded to the Canadian Women's Hockey League champions, on March 13 in Ottawa.

The Inferno beat the three-time champion Montreal Canadiennes 8-3 for CWHL bragging rights, a first for the team based in Calgary.

"It's been a pretty crazy two weeks for us, coming off that high ... and then going right back into the Hockey Canada training and being able to represent your country," Saulnier said. "We haven't even had a second to let it all soak in."

Saulnier, who added two assists against Russia, agreed living the Team Canada dream alongside Turnbull is "unforgettable."

"The more Blayre and I hang out together, our accents rub off on each other," the five-foot-five, 144-pound forward, who previously played for the Cornell Big Red in NCAA Division I, said with a chuckle Wednesday.

"The girls like to have a good time with us," Saulnier said, joking "they sometimes say I sound like a pirate or something."

"But I love it," she said. "I wouldn't want to be from anywhere else. that's for sure."

HOCKEY

QMJHL challenge teams set

The 20 players from across the province that will take to the ice this spring for the 2016 QMJHL Excellence Challenge were announced Wednesday by Hockey Nova Scotia.

The final roster includes two goaltenders, six defence-men and twelve forwards, who will face off at the annual tournament running April 28 through May 1 at the Centre d'Excellence Sports Rousseau in Boisbriand, Que., a news release said.

The event features six teams comprised of 120 of the top prospects from Quebec and Atlantic Canada with scouts using the ice-time as an evaluation tool leading up to the 2016 QMJHL entry draft.

Halifax Regional Municipality players named to the roster include defencemen Peter Diliberto and Jack McGovern of the Dartmouth Steele Subaru Major Midgets; blue-liner Jared McIsaac of the Cole Harbour Wolfpack; defenceman Jarrett Baker of the Halifax McDonald's Major Midgets; forwards Luke Henman, Evan MacKinnon, Jordan McKenna and Andrew Coxhead of Dartmouth Steele; forwards Matt Ormon, Logan Cash and Ryan Breau of Halifax McDonald's, as well as Kyle Penny of the Cole Harbour Wolfpack.

Visit hockeynovascotia.ca for the full roster.

KRISTEN LIPSCOMBE/METRO

**NEWS
95.7**

**Breaking News
for Breakfast.**

5am – 9am MONDAY TO FRIDAY

RECIPE Salmon Sloppy Joes

Ceri Marsh & Laura Keogh
For Metro Canada

You're wondering if a sloppy Joe can be yummy and healthy. Well, here's your answer. These gems have omega-3s from the salmon, vitamin C from the spinach and quinoa's iron and zinc goodness.

Ready in
Prep time: 20 minutes
Cook time: 10 minutes

Ingredients

- 1 Tbsp olive oil
- 1 clove garlic, minced
- 1/2 bunch fresh spinach, washed, trimmed and chopped
- 1 leek, washed well, trimmed and chopped well
- 2 cans salmon
- 1 cup cooked Quinoa
- 1 tsp lemon zest
- 2 Tbsp mayonnaise

- 1/4 tsp salt
- pinch of pepper
- good squeeze of lemon juice

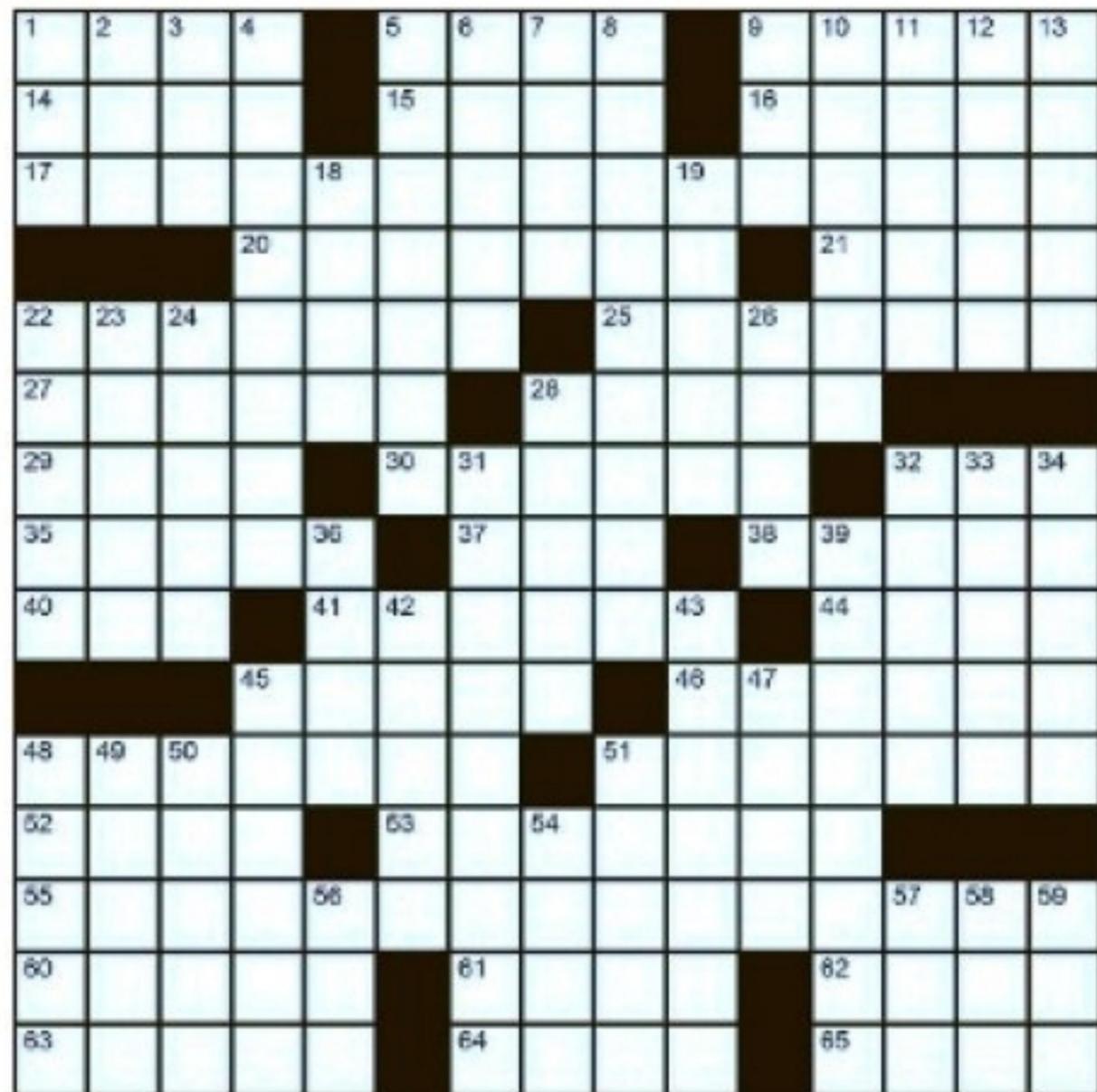
Directions

1. Sauté garlic, leeks and spinach in olive oil over medium heat until the leeks and garlic begin to soften and the spinach wilts — maybe 3 to 5 minutes.
2. Drain and rinse the salmon and empty the fish into a bowl. Break it up well before adding leek mixture and quinoa and blend well. Stir in lemon zest, mayonnaise, salt, pepper and lemon juice.
3. Form the salmon mixture into patties. Cook over medium heat with a small amount of vegetable oil for about 3 minutes a side.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN**ACROSS**

1. Paper's perspective piece
5. Attired
9. Ghana's capital
14. Cab
15. Vagabond
16. Grammy Awards org.
17. Bestseller by Canadian author Jane Urquhart which culminates with the sculpting of the Vimy Memorial in France: 3 wds.
20. Artist's prop
21. Concept
22. Yelling human
25. Saint Joseph's _ (Montreal church on Mount Royal)
27. Football kicker, sometimes
28. Sidekick
29. Vivienne's friend
30. Horrified
32. US law enforcement agcy.
35. Fast food hybrid utensil
37. Ump's call!
38. Clean with effort
40. Butterfly logo co.
41. Accepted practices
44. Possessive pronoun
45. Non-written finals
46. Start of a polite request...
48. Have fun on stage: 3 wds.
51. Yukoner's neighbouring state friend
52. Unfortunately
53. Persuading people



55. Marconi National Historic Site of Canada, in Nova Scotia... Type of transmission made by Italian communications innovator Guglielmo Marconi, from Table Head in Glace Bay in Cape Breton, to Poldhu in Cornwall in England, in 1902: 2 wds.

DOWN

1. Parliament Hill city, wee-ly
2. Oom-_(Tuba sound)
3. Computer file suffix
4. Naysayer
5. "Love in the Time of _" (2007)

6. Solitude savourer

7. Aid and _
8. Highest academic degree
9. "Gimme _!"
10. Tooth's trouble
11. Words to live by
12. Less grilled

13. Try

18. England: _ Modern (London art gallery)
19. Chocolate bubbles treats
22. Muscle
23. Camel formations
24. Chopping cook's crying cause
26. Sidewalk squishes, sadly
28. Train engine sounds
31. Hockey net supports
32. 1978 disco hit: "Le _"
33. City in Turkey
34. Norwegian dramatist Henrik
36. "Glee" role
39. Always-on-display game classic: 2 wds.
42. Barbecue _
43. Abdomen organs near stomachs
45. Bird: French
47. " _ and the Real Girl" (2007)
48. Raptors' competitors from Atlanta
49. In the Skin of _ (Novel by Canadian author Michael Ondaatje)
50. Actress/activist Ms. Thomas
51. Paul Bunyan, for one, in The States
54. "Be that __ may..."
56. Itty-bitty itemized item
57. " _ Maria"
58. Martini ingredient
59. Yore

*** IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

Aries March 21 - April 20
Something that excites you today will happen, because you will be impulsive and hyper-enthused about the unexpected. A new twist in a relationship is possible.

Taurus April 21 - May 21
A surprise secret might be revealed today, which amazes you. It could be about you or about someone else. Whatever it is, it's exciting and a bit jawdropping.

Gemini May 22 - June 21
A friend will amaze you today by saying or doing something that catches you off-guard. Alternatively, you might meet someone new who is a real character — someone who is avant-garde or bizarre.

Cancer June 22 - July 23
A boss, parent or someone in a position of authority might shock you today. This person might say or do something you least expect. Nevertheless, don't quit your day job.

Leo July 24 - Aug. 23
Travel plans will be canceled, delayed or rescheduled today. Alternatively, you suddenly might have to travel if you are not expecting to do so.

Virgo Aug. 24 - Sept. 23
Check your bank account and legal documents because something having to do with shared property, inheritances and insurance matters suddenly might change today. Make sure you are on top of your scene.

Libra Sept. 24 - Oct. 23
A friend or partner will surprise you today. This person might suggest something unusual or have amazing news for you. A casual relationship could heat up. Hmmm.

Scorpio Oct. 24 - Nov. 22
Your work routine will be interrupted by computer crashes, power outages, fire drills, staff shortages and canceled meetings. Give yourself extra time so you have wiggle room to deal with this.

Sagittarius Nov. 23 - Dec. 21
This is an accident-prone day for your children, so be aware and remove them from hazardous situations. Meanwhile, romance could be a real surprise!

Capricorn Dec. 22 - Jan. 20
Small appliances might break down today, or minor breakages could occur. An unexpected person might knock at the door. Expect anything, because today is a crapshoot!

Aquarius Jan. 21 - Feb. 19
This is an accident-prone day for your sign, so pay attention to everything you say and do. Be mindful and alert.

Pisces
Feb. 20 - March 20
Keep an eye on your money today because you might find money or lose it. Likewise, your possessions could be stolen or broken. Keep your eyes open!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

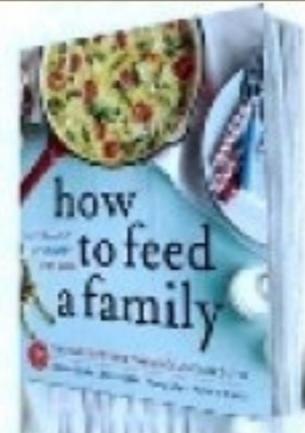
7								4
5							9	
	3	2	5					9
6							5	8
2							9	
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	4							1
5							2	

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.
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8	7	9	1	4	5	6	3	2
3	5	1	9	6	2	7	4	8
2	6	4	7	3	8	1	9	5
4	8	5	3	9	1	2	7	6
1	2	7	6	8	4	3	5	9
6	9	3	2	5	7	4	8	1
5	1	8	4	2	3	9	6	7
7	4	6	5	1	9	8	2	3
9	3	2	8	7	6	5	1	4

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+ 0%
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up to
84 mths

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Up to
\$8,000
OFF

+ plus up to
\$2,500
BONUS
CASH

+ 0%
Financing
up to
72 mths



2016 JEEP PATRIOT

NO
CHARGE
Leather
Seating

+ Up to
\$5,000
OFF

3.49% Financing
up to 96 mths



2016 JEEP CHEROKEE 4X4

NOW WITH
0%
Financing
up to 84 mths
on ALL 4X4 Models



2016 RAM 2500 & 3500 HEAVY DUTY

Truck King
BONUS
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\$1,000

+ Up to
\$12,000
OFF

3.49% Financing
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